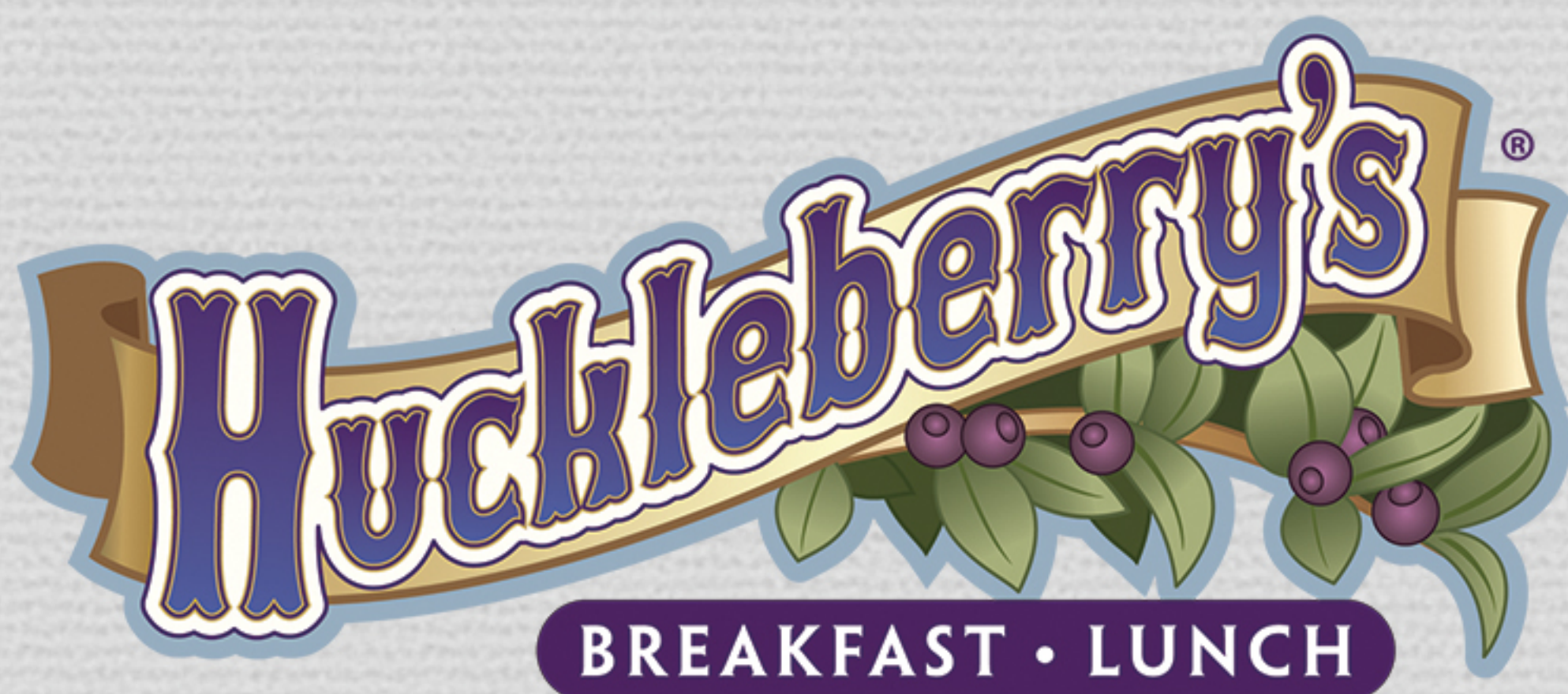




"SOUTHERN COOKIN' WITH A CALIFORNIA TWIST!"



NUTRITIONAL GUIDE

NuTriTional Guide

While we're committed to providing accurate nutritional information, because our recipes are prepared to order, there may be differences between the actual nutritional content of your order and the nutritional values provided. The values are derived from standardized recipes and serving sizes. We will do our best to accommodate special requests to prepare your meal just the way you like it. Modifications may alter the nutritional values.



	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (mg)	Fiber (g)	Sugars (g)	Protein (g)
Snacks & Shareables											
Fried Green Tomatoes (1 serving)	778	280	31	6	0	367	1609	103	2	9	25
Fried Okra (1 serving)	743	419	47	7	0	34	2404	109	9	17	14
Mardi Gras Beignets (1 serving)	1034	472	52	29	0	379	546	125	5	66	17
Sweet Potato Fries (1 serving)	899	446	50	7	0	26	1402	106	12	33	5
Hucks Griddle											
French Quarter French Toast, Three Slices	1326	501	56	15	0	1260	1366	145	3	37	54
French Quarter French Toast, Two Slices	990	368	41	11	0	840	972	115	2	36	36
Gold Medal Chicken and Waffles	1140	435	48	19	0	877	2076	120	1	38	53
Huck's Sweet Crepes with Fruit Topping	934	344	38	13	1	461	1618	119	3	58	22
Waffle w/Fruit Topping	704	166	18	10	0	128	876	129	2	65	7
Stuffed French Toast with Fruit Topping	942	334	37	12	0	863	1122	107	3	40	38
Sweet Cream Flapjacks, Three Flapjacks	1206	217	24	8	0	51	3557	232	5	66	23
Sweet Cream Flapjacks, Two Flapjacks	908	178	20	7	0	34	2432	172	3	55	15
Hucks Platters											
(Huck's Platters are shown with 3 eggs and Country Red Potatoes - bread options are below)											
1/2 Lb Chicken Fried Steak	1002	446	50	18	0	708	1936	53	2	2	47
1/2 Lb Hickory Smoked Ham	689	272	30	9	0	756	2661	7	0	7	56
1/2 Lb Ribeye Steak	996	494	55	20	0	922	961	1	0	1	79
Corned Beef Hash	758	359	40	15	0	703	1388	24	1	4	34
Hickory Smoked Bacon	555	260	29	9	0	656	1235	1	0	1	31
Sausage Links	875	584	65	25	0	736	1035	1	0	1	35
Biscuit	394	558	62	24	0	709	3294	117	2	4	56
Biscuit and Gravy	482	595	66	26	0	711	3655	125	2	5	57
Huckleberry Muffin with Whipped Butter	663	667	74	28	0	800	2682	147	4	55	54
Sourdough Toast	291	512	57	19	0	708	2546	101	4	2	55
Toasted English Muffin	154	488	54	19	0	708	2181	78	3	3	51
Wheat Toast	227	530	59	19	0	708	2346	85	4	4	53
White Toast	227	530	59	19	0	708	2306	83	2	6	51
Skillet Hotties											
(Skillet Hotties only shown - bread options are below)											
New Orleans Skillet (1 serving)	1080	529	59	22	0	1041	3296	62	7	6	72
The Garden Skillet (1 serving)	917	455	51	18	0	890	2330	67	11	8	48
The Mississippi Skillet (1 serving)	860	442	49	21	0	117	3463	62	8	8	43
Biscuit	394	558	62	24	0	709	3294	117	2	4	56
Biscuit and Gravy	482	595	66	26	0	711	3655	125	2	5	57
Huckleberry Muffin with Whipped Butter	663	667	74	28	0	800	2682	147	4	55	54
Sourdough Toast	291	512	57	19	0	708	2546	101	4	2	55
Toasted English Muffin	154	488	54	19	0	708	2181	78	3	3	51
Wheat Toast	227	530	59	19	0	708	2346	85	4	4	53
White Toast	227	530	59	19	0	708	2306	83	2	6	51
Signature Omelets											
(Omelets only - Country Reds & bread options are below)											
Create Your Own Omelet (1 serving)	308	213	24	9	0	588	384	1	0	0	23
The Cajun Omelet (1 serving)	754	483	54	21	0	944	1555	14	2	5	51
The Louisiana Omelet (1 serving)	549	348	39	11	0	960	665	9	3	2	40
The Riverboat Omelet (1 serving)	959	668	74	30	0	967	1569	20	6	5	54
Country Reds (side)	155	27	3	1	0	0	829	29	4	3	3
Biscuit	394	558	62	24	0	709	3294	117	2	4	56
Biscuit and Gravy	482	595	66	26	0	711	3655	125	2	5	57
Huckleberry Muffin with Whipped Butter	663	667	74	28	0	800	2682	147	4	55	54
Sourdough Toast	291	512	57	19	0	708	2546	101	4	2	55
Toasted English Muffin	154	488	54	19	0	708	2181	78	3	3	51
Wheat Toast	227	530	59	19	0	708	2346	85	4	4	53
White Toast	227	530	59	19	0	708	2306	83	2	6	51

	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (mg)	Fiber (g)	Sugars (g)	Protein (g)
Egg BenediTs											
(Benedicts only shown - side choices shown below)											
Benedict Scramble (1 serving)	809	425	47	16	0	705	3321	37	1	8	59
Cajun Benedict (1 serving)	919	567	63	23	0	519	1904	41	2	4	39
California Benedict (1 serving)	864	409	45	13	0	587	1429	84	7	9	29
Crab Cake Benedict (1 serving)	997	470	52	15	0	683	2001	82	5	7	47
Country Reds (side)	155	27	3	1	0	0	829	29	4	3	3
Fresh Fruit (1 serving)	109	2	0	0	0	0	19	27	2	22	1
Breakfast Favorites											
(Favorites only shown - side choices shown below)											
Huck's Combo (1 serving) with Pancake	676	229	25	8	0	435	1089	95	1	42	18
Huck's Combo (1 serving) with Waffle	651	273	30	12	0	482	743	77	0	37	16
Huck's Combo (1 serving) with French Toast	646	270	30	9	0	634	537	70	1	35	22
Huck's Combo (1 serving) with Bacon	558	257	29	9	0	434	840	55	0	35	19
Huck's Combo (1 serving) with Pork Sausage Links	718	419	47	17	0	474	740	55	0	35	21
Huck's Combo (1 serving) with Smoked Ham	625	263	29	9	0	484	1553	58	0	38	31
Quiche Florentine (1 serving)	611	364	40	16	0	365	884	37	1	8	21
Tom's Scramble (1 serving) with Country Fried Steak	955	425	47	18	0	599	2718	96	1	3	40
Tom's Scramble (1 serving) with Pork Sausage Patties	1145	693	77	29	0	654	2788	76	0	3	40
Huck's Breakfast Burrito (1 serving)	982	379	42	17	0	595	2465	112	10	8	42
Huck's Breakfast Burrito (1 serving) with Andouille Sausage	1071	454	50	20	0	634	2499	105	7	6	50
Huck's Breakfast Burrito (1 serving) with Bacon	1176	533	59	23	0	623	3717	103	7	6	59
Huck's Breakfast Burrito (1 serving) with Ham	1001	390	43	17	0	628	2808	105	7	7	51
Huck's Breakfast Burrito (1 serving) with Sausage	1209	622	69	28	0	653	2549	103	7	6	49
2 Eggs, Taters and Toast (1 serving) with Biscuit	553	213	24	9	0	425	1515	65	0	2	22
2 Eggs, Taters and Toast (1 serving) with Biscuit & Gravy	620	250	28	11	0	427	1876	73	0	4	22
2 Eggs, Taters and Toast (1 serving) with Huckleberry Muffin with Whipped Butter	793	323	36	14	0	516	903	95	2	53	20
2 Eggs, Taters and Toast (1 serving) with Sourdough Toast	451	167	19	5	0	424	766	49	2	1	21
2 Eggs, Taters and Toast (1 serving) with Toasted English Muffin	313	143	16	4	0	424	401	26	1	2	17
2 Eggs, Taters and Toast (1 serving) with Wheat Toast	387	185	21	5	0	424	566	33	2	3	19
2 Eggs, Taters and Toast (1 serving) with White Toast	387	185	21	5	0	424	526	31	0	5	17
Country Reds (side)	155	27	3	1	0	0	829	29	4	3	3
Fresh Fruit (1 serving)	109	2	0	0	0	0	19	27	2	22	1
Extras and Small Plates											
Bacon (1 serving)	160	108	12	4	0	20	1000	0	0	0	12
Biscuit and Gravy (1 serving)	482	161	18	9	0	4	1839	74	0	3	10
Cup of Grits (1 serving)	260	0	0	0	0	0	4	58	0	0	6
Cup of Oats (1 serving)	113	20	2	0	0	0	4	20	3	1	4
Fresh Fruit (1 serving)	109	2	0	0	0	0	19	27	2	22	1
Grits with Fruit and Toast (1 serving)	709	266	30	11	0	5	328	99	1	19	11
Grits with Fruit and Toast (1 serving) with Bread Choice	1025	368	41	15	0	20	1000	147	2	29	17
Huckleberry Muffin (1 muffin)	633	221	25	10	0	92	747	94	2	52	7
Oats with Fruit and Toast (1 serving) with Bread Choice	1167	401	45	16	0	21	1035	177	8	107	16
Sausage (1 serving)	480	432	48	20	0	100	800	0	0	0	16
Lunch Items											
Hand-Breaded Chicken Tenders (1 serving)	1130	334	37	8	0	675	3295	124	9	36	73
Louisiana Catfish, Bayou Style (1 serving)	945	383	43	12	0	124	1533	84	4	6	53
Louisiana Catfish, Creole Style (1 serving)	956	392	44	12	0	124	1816	85	4	6	52
Southern Style Fish and Chips (1 serving)	1056	601	67	11	0	110	2482	77	7	12	32
Naw/Lins Sandwiches											
(includes seasoned fries)											
California Chicken Sandwich (1 serving)	858	308	34	10	0	122	3164	79	8	8	54
Catfish Po-boy (1 serving)	1324	633	70	11	0	116	3470	129	7	2	41
Dixieland Steak Melt (1 serving)	1784	897	100	35	0	152	3404	149	8	30	68
Monte Cristo (1 serving)	1349	559	62	20	0	945	3206	119	7	18	73
Shrimp Po-boy (1 serving)	1342	679	75	12	0	166	2620	137	9	6	31
Smokey Bacon Club (1 serving)	1077	436	48	16	0	122	3599	105	7	3	54
Spicy Bayou Chicken Sandwich (1 serving)	1638	835	93	15	5	405	5044	135	11	20	65

	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (mg)	Fiber (g)	Sugars (g)	Protein (g)
Soups and Salads											
Chicken Gumbo, Bowl (1 serving)	217	45	5	1	0	22	859	33	1	3	12
Chicken Gumbo, Bowl (1 serving) with Cheese Toast	530	200	22	7	0	24	1262	63	2	4	19
Chicken Gumbo, Cup (1 serving)	109	22	2	1	0	11	429	16	1	2	6
Chicken Gumbo, Cup (1 serving) with Cheese Toast	422	177	20	6	0	13	833	47	2	3	13
Hearty Veg Soup, Bowl (1 serving)	126	3	0	0	0	0	963	26	4	10	4
Hearty Veg Soup, Bowl (1 serving) with Cheese Toast	439	158	18	6	0	2	1366	56	5	11	11
Hearty Veg Soup, Cup (1 serving)	63	2	0	0	0	0	481	13	2	5	2
Hearty Veg Soup, Cup (1 serving) with Cheese Toast	376	157	17	6	0	2	885	43	3	6	9
Huck's Famous Chili, Bowl (1 serving)	485	196	22	7	0	54	1696	46	15	4	25
Huck's Famous Chili, Bowl (1 serving) with Cheese Toast	798	351	39	13	0	56	2099	76	16	5	32
Huck's Famous Chili, Cup (1 serving)	243	98	11	4	0	27	848	23	8	2	12
Huck's Famous Chili, Cup (1 serving) with Cheese Toast	556	253	28	9	0	29	1251	53	9	3	19
Huck's House Salad (1 serving)	62	13	1	0	0	0	128	11	1	3	3
Huck's House Salad (1 serving) with Bleu Cheese	342	283	31	6	0	20	668	13	1	5	5
Huck's House Salad (1 serving) with Huckleberry Vinaigrette	177	95	11	1	0	0	502	21	1	11	3
Huck's House Salad (1 serving) with Italian	102	31	3	0	0	0	1028	17	1	7	3
Huck's House Salad (1 serving) with Ranch	278	213	24	3	0	21	602	15	1	4	4
Huck's House Salad (1 serving) with Thousand Island	300	221	25	3	0	21	563	20	2	8	3
Huck's Salad (1 serving)	650	345	38	12	0	231	1343	46	8	9	28
Huck's Salad (1 serving) with Bleu Cheese	1070	750	83	21	0	261	2153	49	8	12	31
Huck's Salad (1 serving) with Huckleberry Vinaigrette	823	469	52	13	0	231	1905	62	8	22	28
Huck's Salad (1 serving) with Italian	710	372	41	12	0	231	2693	55	8	15	28
Huck's Salad (1 serving) with Ranch	974	646	72	16	0	263	2054	52	8	12	30
Huck's Salad (1 serving) with Thousand Island	1008	658	73	16	0	262	1997	60	9	17	29
Huck's Salad (1 serving) with Chicken	806	361	40	12	0	313	1435	46	8	9	60
Huck's Salad (1 serving) with Crab Cake	884	425	47	13	0	349	1853	69	8	11	42
Huck's Salad (1 serving) with Ham	797	405	45	14	0	291	2557	49	8	12	46
Huck's Salad (1 serving) with Shrimp	764	363	40	12	0	403	1511	47	8	9	51
Huck's Salad (1 serving) with Turkey	750	363	40	12	0	281	2203	48	8	11	48
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving)	375	168	19	6	0	2	531	41	3	4	10
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Bleu Cheese	655	438	49	12	0	22	1071	43	3	6	12
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Huckleberry Vinaigrette	490	250	28	7	0	2	905	52	3	12	10
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Italian	415	186	21	6	0	2	1431	47	3	8	10
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Ranch	591	368	41	9	0	23	1005	45	3	5	11
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Thousand Island	613	376	42	9	0	23	967	50	3	9	10
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Chicken Gumbo	592	212	24	7	0	24	1390	74	4	7	21
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Hearty Vegetable Soup	501	171	19	6	0	2	1494	67	6	14	14
Unlimited Soup, Salad and Garlic Sourdough Bread (1 serving) with Hucks Famous Chili	860	364	40	13	0	56	2227	87	18	8	35
Bourbon Street Burgers											
(includes seasoned fries)											
Bubba's Burger (1 serving)	1038	501	56	17	0	352	2397	78	6	9	54
California Burger (1 serving)	1029	496	55	17	0	137	2320	82	9	9	48
The Big Cheesy (1 serving)	1238	620	69	24	0	246	2190	78	6	8	73
The Classic Burger (1 serving)	876	394	44	14	0	130	1827	78	6	8	41
Sides and Such											
Cajun Chili (1 serving)	243	98	11	4	0	27	848	23	8	2	12
Cajun Style Fries (1 serving)	452	201	22	7	0	36	1388	49	7	1	15
Chicken Gumbo (1 serving)	109	22	2	1	0	11	429	16	1	2	6
Fresh Fruit (1 serving)	109	2	0	0	0	0	19	27	2	22	1
Green Salad (1 serving)	62	13	1	0	0	0	128	11	1	3	3
Green Salad (1 serving) with Bleu Cheese	342	283	31	6	0	20	668	13	1	5	5
Green Salad (1 serving) with Huckleberry Vinaigrette	177	95	11	1	0	0	502	21	1	11	3
Green Salad (1 serving) with Italian	102	31	3	0	0	0	1028	17	1	7	3
Green Salad (1 serving) with Ranch	278	213	24	3	0	21	602	15	1	4	4
Green Salad (1 serving) with Thousand Island	300	221	25	3	0	21	563	20	2	8	3

	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (mg)	Fiber (g)	Sugars (g)	Protein (g)
Huck's Cole Slaw (1 serving)	107	54	6	1	0	0	72	12	2	9	1
Huck's Seasoned Fries (1 serving)	271	94	10	2	0	0	940	40	4	0	4
Jambalaya Rice (1 serving)	197	27	3	1	0	11	343	35	1	2	7
Sweet Potato Fries (1 serving)	311	103	11	2	0	0	370	48	6	14	2
Vegetable Soup (1 serving)	63	2	0	0	0	0	481	13	2	5	2

Little Huck's Items

Build Your Own Breakfast (1 serving)	80	51	6	2	0	212	78	0	0	0	6
Build Your Own Breakfast (1 serving) with Bacon	160	105	12	4	0	222	578	0	0	0	12
Build Your Own Breakfast (1 serving) with Chicken Strip	241	97	11	3	0	381	543	11	1	1	23
Build Your Own Breakfast (1 serving) with Sausage Links	320	267	30	12	0	262	478	0	0	0	14
Build Your Own Breakfast (1 serving) with Sausage Patty	310	249	28	10	0	257	448	1	0	0	13
Build Your Own Breakfast (1 serving) with Smoked Ham	227	111	12	4	0	272	1292	3	0	3	25
Build Your Own Breakfast (1 serving) with Country Red Potatoes	235	77	9	2	0	212	907	29	3	3	10
Build Your Own Breakfast (1 serving) with French Toast	416	184	20	5	0	632	472	31	1	1	24
Build Your Own Breakfast (1 serving) with Fresh Fruit	189	53	6	2	0	212	97	27	2	22	8
Build Your Own Breakfast (1 serving) with Half Waffle	253	120	13	6	0	270	481	23	0	2	10
Build Your Own Breakfast (1 serving) with Pancake	279	76	8	3	0	223	828	40	1	8	11
Chicken Strips (1 serving)	321	93	10	3	0	338	916	22	1	1	34
Grilled Cheese (1 serving)	276	112	12	5	0	23	452	30	0	4	9
Hamburger (1 serving)	476	204	23	8	0	104	517	35	1	7	32
Pizza Sticks (1 serving)	663	295	33	13	0	40	1180	72	4	6	20

Honored CiTizen Menu Items BREAKFAST

(Breakfast item shown - Country Reds & bread options below)											
Bayou Breakfast (1 serving) with Bacon	240	155	17	5	0	434	656	1	0	1	19
Bayou Breakfast (1 serving) with Pork Sausage Links	400	317	35	13	0	474	556	1	0	1	21
Bayou Breakfast (1 serving) with Smoked Ham	307	161	18	5	0	484	1370	3	0	3	31
Gator Omelet (1 serving) with Filling Choice Bacon	446	307	34	13	0	607	1222	1	0	0	33
Gator Omelet (1 serving) with Filling Choice Ham	359	236	26	10	0	609	768	2	0	1	29
Gator Omelet (1 serving) with Filling Choice Sausage	463	352	39	16	0	621	639	1	0	0	28
The Swamp (1 serving)	424	281	31	14	0	610	551	4	1	2	31
Country Reds (side)	155	27	3	1	0	0	829	29	4	3	3
Biscuit	394	558	62	24	0	709	3294	117	2	4	56
Biscuit and Gravy	482	595	66	26	0	711	3655	125	2	5	57
Huckleberry Muffin with Whipped Butter	663	667	74	28	0	800	2682	147	4	55	54
Sourdough Toast	291	512	57	19	0	708	2546	101	4	2	55
Toasted English Muffin	154	488	54	19	0	708	2181	78	3	3	51
Wheat Toast	227	530	59	19	0	708	2346	85	4	4	53
White Toast	227	530	59	19	0	708	2306	83	2	6	51

Honored CiTizen Menu LUNCH

Mississippi Trio (1 serving)	62	13	1	0	0	0	128	11	1	3	3
Mississippi Trio (1 serving) with Bleu Cheese	342	283	31	6	0	20	668	13	1	5	5
Mississippi Trio (1 serving) with Huckleberry Vinaigrette	177	95	11	1	0	0	502	21	1	11	3
Mississippi Trio (1 serving) with Italian	102	31	3	0	0	0	1028	17	1	7	3
Mississippi Trio (1 serving) with Ranch	278	213	24	3	0	21	602	15	1	4	4
Mississippi Trio (1 serving) with Thousand Island	300	221	25	3	0	21	563	20	2	8	3
Mississippi Trio (1 serving) with Half BLT Sandwich	220	82	9	2	0	8	569	28	3	4	9
Mississippi Trio (1 serving) with Half Ham Sandwich	253	85	9	2	0	33	926	29	3	5	15
Mississippi Trio (1 serving) with Half Turkey Sandwich	230	64	7	1	0	28	749	29	3	5	16
Mississippi Trio (1 serving) with Cajun Chili	305	111	12	4	0	27	976	34	9	5	15
Mississippi Trio (1 serving) with Chicken Gumbo	171	35	4	1	0	11	557	27	2	4	9
Mississippi Trio (1 serving) with Vegetable Soup	125	14	2	0	0	0	609	24	3	8	5
Patty Melt (1 serving)	941	395	44	15	0	119	2231	92	4	4	44
Southern Fried Steak (1 serving)	1068	497	55	21	0	45	2960	120	4	5	27

French Quarter Hot Javas

Cafe Mocha	128	35	4	3	0	10	99	15	0	12	7
Cappuccino	89	20	2	2	0	0	69	12	0	9	3
Caramel Macchiato	268	35	4	3	0	10	99	50	0	46	7
Coffee	0	0	0	0	0	0	5	0	0	0	0
Double Espresso	0	0	0	0	0	0	2	0	0	0	0
French Vanilla Latte	268	35	4	3	0	10	99	50	0	47	7
Hot Chocolate	158	19	2	2	0	0	225	32	2	27	3
Single Espresso	0	0	0	0	0	0	1	0	0	0	0

	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (mg)	Fiber (g)	Sugars (g)	Protein (g)
Iced Caramel Macchiato	235	38	4	3	0	18	52	44	0	41	5
Iced Coffee	65	20	2	2	0	10	52	7	0	6	5
Iced Vanilla Latte	235	38	4	3	0	18	52	44	0	43	5

Sipping on The Bayou

Apple Juice, Large (1 drink)	233	0	0	0	0	0	58	58	0	52	0
Apple Juice, Small (1 drink)	116	0	0	0	0	0	29	29	0	26	0
Bayou Bloody Mary (1 drink)	165	41	5	1	0	5	1588	10	1	6	5
Cranberry Juice, Large (1 drink)	280	0	0	0	0	0	70	70	0	70	0
Cranberry Juice, Small (1 drink)	140	0	0	0	0	0	35	35	0	35	0
Hot Tea (1 drink)	0	0	0	0	0	0	0	0	0	0	0
Huck's Swamp Tea (1 drink)	152	1	0	0	0	0	111	38	1	34	0
Huckleberry Lemonade (1 drink)	264	1	0	0	0	0	183	66	1	62	0
Iced Tea (1 drink)	0	0	0	0	0	0	0	0	0	0	0
Orange Juice, Large (1 drink)	220	0	0	0	0	0	30	52	4	42	4
Orange Juice, Small (1 drink)	110	0	0	0	0	0	15	26	2	21	2
Signature Huckleberry Mimosa (1 drink)	161	1	0	0	0	0	127	25	0	20	0
Signature Mimosa (1 drink)	123	0	0	0	0	0	6	15	1	11	1
Signature Strawberry Mimosa (1 drink)	169	0	0	0	0	0	25	27	1	23	0
Southern Peach Iced Tea (1 drink)	155	1	0	0	0	0	11	38	1	35	0
Strawberry Lemonade (1 drink)	276	0	0	0	0	0	82	69	2	67	0
Tomato Juice, Large (1 drink)	100	0	0	0	0	0	1360	20	4	14	4
Tomato Juice, Small (1 drink)	50	0	0	0	0	0	680	10	2	7	2

Beverages

Coke (1 drink)	119	0	0	0	0	0	7	32	0	32	0
Diet Coke (1 drink)	0	0	0	0	0	0	12	0	0	0	0
Dr Pepper (1 drink)	132	0	0	0	0	0	42	32	0	32	0
Hi-C Poppin' Pink Lemonade (1 drink)	115	0	0	0	0	0	49	29	0	29	0
Sprite (1 drink)	116	0	0	0	0	0	26	31	0	31	0

